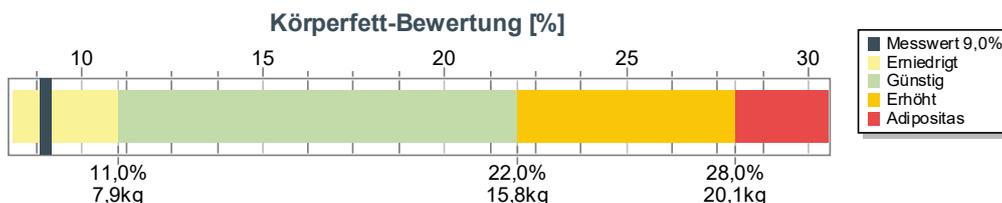


## INBESTFORM VITALWERTECHECK

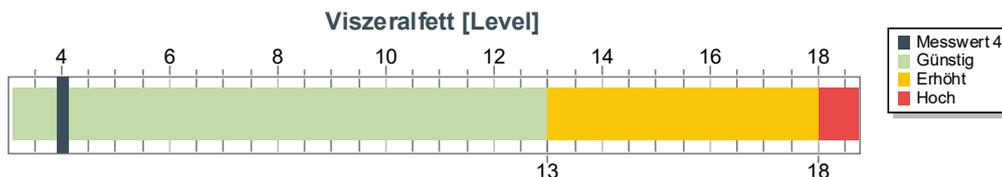
Name	Max Mustermann	Datum	17.02.2020 15:02
ID	k0026	Alter	44 männlich
		Waagentyp	MC-580

Datum: 17.02.2020

Körperfett: 9,0 %  
=6,4 kg



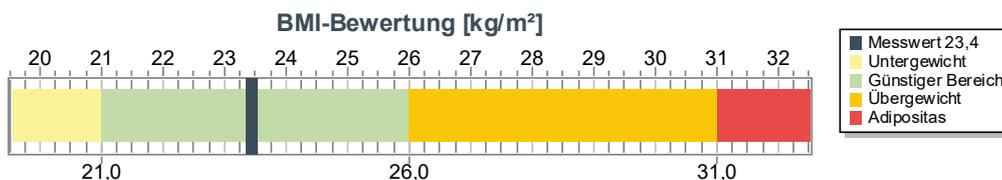
Viszeralfett: 4 Level



Größe: 175 cm

Gewicht: 71,8 kg

BMI: 23,4 kg/m<sup>2</sup>

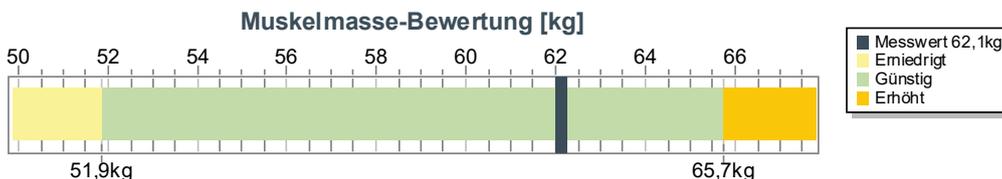


Fettfreie Masse: 65,4 kg

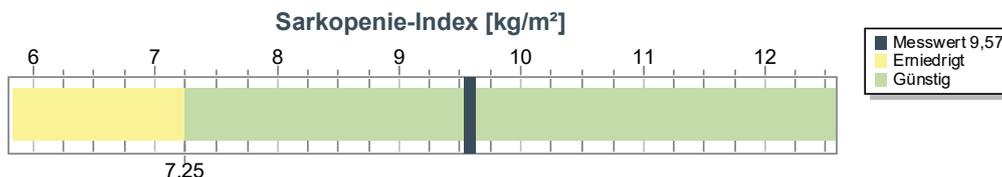
Muskelmasse: 62,1 kg  
=86,5 %

Skelett-Muskel-Masse:  
37,0 kg  
=51,6 %

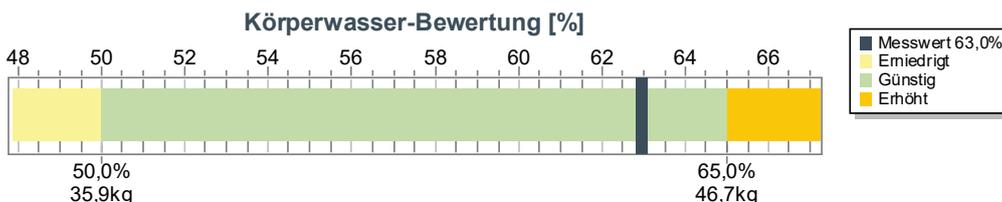
Knochenmasse: 3,2 kg



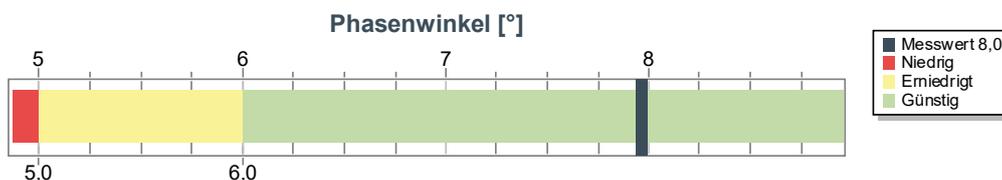
Sarkopenie-Index:  
9,57 kg/m<sup>2</sup>



Körperwasser: 63,0 %  
=45,2 kg



Phasenwinkel:  
(@50kHz) 8,0 °



Gesamtimpedanz: 494 Ohm  
Metabolisches Alter: 29 Jahre  
Grundumsatz: 7767 kJ = 1855 kcal